



LUNCH

NOVEMBER 2022

JASPER MIDDLE SCHOOL



Student Meal Price \$2.40
 Teacher/Staff Meal Price \$3.75
 Visitor Meal Price \$4.25

Monday

Tuesday

Wednesday

Thursday

Friday



1
 Beef or Chicken Nachos
 w/Queso Cheese
 Mini Corn Dogs
 Southwestern Beans
 Shredded Lettuce & Diced Tomato Salad

2
 Boom Boom Chicken
 w//Asian Rice
 Ranchero Pizza
 Green Beans
 Baby Carrots w/Ranch

3
 Crispy Chicken Nuggets
 Beef Steak Quesadilla
 Sweet Potato Fries
 Broccoli Florets w/Ranch

4
 Stuffed Crust Cheese or
 Pepperoni Pizza
 Breaded Chicken Filet Sandwich
 Steamed Corn
 Celery Sticks w/Ranch

7
 Boneless Breaded Buffalo Wings
 w/Fries
 Cowboy (Pulled Pork) Fries w/Breadstick
 Broccoli Florets w/Ranch

8
INSERVICE DAY
TEACHER WORK DAY

9
 Oven Baked Crispy Chicken Drumstick
 w/Breadstick
 Hot Dog
 Mashed Potatoes
 Baby Carrots w/Ranch

10
 Chicken Flatbread Quesadilla
 Backyard Griller Cheeseburger
 Steamed Corn
 Celery Sticks w/Ranch

11
 Retro Sliced Cheese or
 Pepperoni Pizza
 Creamy Macaroni & Cheese
 w/Fish Sticks
 Baked Beans
 Coleslaw

14
 Chicken Parmesan w/Spaghetti
 & Marinara
 Backyard Griller Cheeseburger
 Smiley Fries
 Caesar Salad

15
 Beef or Chicken Nachos
 w/Queso
 Ranchero Pizza
 Southwestern Beans
 Shredded Lettuce & Diced Tomato Salad

16
 Orange Chicken & Rice Bowl
 Breaded Chicken Filet Sandwich
 Steamed Broccoli
 Baby Carrots w/Ranch

17
 Roasted Turkey w/Gravy
 Chicken Nuggets
 Cornbread Dressing
 Mashed Potatoes
 Green Beans

18
 Stuffed Crust Cheese or
 Pepperoni Pizza
 BBQ Pork Plate w/ Macaroni & Cheese
 & Garlic Toast
 Steamed Corn
 Celery Sticks w/Ranch

21
THANKSGIVING
BREAK

22
THANKSGIVING
BREAK

23
THANKSGIVING
BREAK

24
THANKSGIVING
DAY

25
THANKSGIVING
BREAK

28
 Boneless Breaded Buffalo Chicken Wings
 Grilled Cheese w/Tomato Soup
 Baked Fries
 Broccoli Florets w/Ranch

29
 Beef Steak Fajita or Chicken
 Fajita Nachos w/Queso
 Breaded Chicken Filet Sandwich
 Southwestern Beans
 Shredded Lettuce & Diced Tomato Salad

30
 Mozzarella Breaded Cheese Sticks
 w/Marinara
 Hot Dog
 Mashed Potatoes
 Baby Carrots w/Ranch



PBJ Combo Meal
Available Daily



This institution is an equal opportunity provider
 Menu subject to change based on availability.

Menu includes
choice of fresh
& chilled fruit
daily.

Meals include choice of
 Skim, 1% or Fat-Free
 Flavored Milk