



# LUNCH



# AUGUST 2023

## PICKENS HIGH SCHOOL

Student Meal Price \$2.70  
 Teacher/Staff Meal Price \$4.00  
 Visitor Meal Price \$4.50

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Meals include choice of  
 Skim, 1% or Fat-Free  
 Flavored Milk



1  
 Beef & Queso Nachos  
 Chicken & Queso Nachos  
 Pizza by the Slice  
 Southwestern Beans  
 Steamed Corn  
 Lettuce & Tomato Salad

2  
 Dragon Bites w/Soft Breadstick  
 Cheeseburger  
 Sweet Potato Fries  
 Celery Sticks w/Ranch  
 Sandwich Toppings

3  
 Chicken Alfredo Pasta Bake  
 w/Garlic Toast  
 Personal Pizza  
 Seasoned Green Beans  
 Caesar Side Salad

4  
 BBQ Pork Plate w/Macaroni &  
 Cheese & Garlic Breadstick  
 Hot Dog  
 Baked Beans  
 Coleslaw

7  
 Yang's Mandarin Orange  
 Chicken w/Rice  
 Turkey Flat Bread Club  
 Steamed Broccoli  
 Celery Sticks w/Ranch

8  
 Beef & Queso Nachos  
 Chicken & Queso Nachos  
 Pizza by the Slice  
 Southwestern Beans  
 Steamed Corn  
 Lettuce & Tomato Salad

9  
 Country Fried Steak  
 w/Gravy & Roll  
 Crispy Chicken Sandwich  
 Original or Spicy  
 Mashed Potatoes/Green Beans  
 Sandwich Toppings

10  
 Lasagna w/Garlic Toast  
 Pizza by the Slice  
 Steamed Corn  
 Caesar Side Salad

11  
 Dutch Waffle w/Scrambled  
 Eggs & Sausage Patty  
 Cheese Stuffed Breadsticks  
 w/Marinara  
 Fries  
 Baby Carrots w/Ranch

14  
 Sloppy Tots  
 w/Cinnamon Roll  
 Breaded Mozzarella Sticks  
 w/Marinara  
 Steamed Broccoli  
 Baby Carrots w/Ranch

15  
 Beef & Queso Nachos  
 Chicken & Queso Nachos  
 Pizza by the Slice  
 Southwestern Beans  
 Steamed Corn  
 Lettuce & Tomato Salad

16  
 Chicken Pot Pie w/Biscuit Crust  
 Cheeseburger  
 Sweet Potato Mash  
 Celery Sticks w/Ranch  
 Sandwich Toppings

17  
 Spaghetti Bake w/  
 Garlic Toast  
 Personal Pizza  
 Seasoned Green Beans  
 Caesar Side Salad

18  
 Fish Sticks w/  
 Macaroni & Cheese  
 Breaded Chicken Drumstick/Thigh  
 w/Macaroni & Cheese  
 Hot Dog  
 Baked Beans  
 Coleslaw

21  
 Yang's General Tso  
 Chicken w/Rice  
 Turkey Flat Bread Club  
 Steamed Broccoli  
 Celery Sticks w/Ranch

22  
 Beef & Queso Nachos  
 Chicken & Queso Nachos  
 Pizza by the Slice  
 Southwestern Beans  
 Steamed Corn  
 Lettuce & Tomato Salad

23  
 Meatloaf w/Dinner Roll  
 Crispy Chicken Sandwich  
 Original or Spicy  
 Mashed Potatoes  
 Green Beans  
 Sandwich Toppings

24  
 Chicken Parmesan w/  
 Spaghetti & Marinara  
 Pizza by the Slice  
 Steamed Corn  
 Caesar Side Salad

25  
 Grilled Chicken Quesadilla  
 Cheese Stuffed Breadsticks  
 w/Marinara  
 Fries  
 Baby Carrots w/Ranch

28  
 Frito Chili Bowl  
 Breaded Mozzarella Sticks  
 w/Marinara  
 Steamed Broccoli  
 Baby Carrots w/Ranch

29  
 Beef & Queso Nachos  
 Chicken & Queso Nachos  
 Pizza by the Slice  
 Southwestern Beans  
 Steamed Corn  
 Lettuce & Tomato Salad

30  
 Dragon Bites w/Soft Breadstick  
 Cheeseburger  
 Sweet Potato Fries  
 Celery Sticks w/Ranch  
 Sandwich Toppings

31  
 Chicken Alfredo Pasta Bake  
 w/Garlic Toast  
 Personal Pizza  
 Seasoned Green Beans  
 Caesar Side Salad

**PBJ Combo Meal**  
 Available Daily

**Menu includes**  
 choice of fresh  
 & chilled fruit  
 daily.

This institution is an equal opportunity provider.  
 Menu subject to change based on availability.

